Learning Objectives

MedBridge

*Integrative Treatment for Patients Experiencing Chronic Pain*

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Course Objectives:

- Define the universal experience of human suffering as it relates to the experience of chronic pain using language that can communicate the concept to your patients.
- Identify questions that may be missing from your present biopsychosocial-spiritual patient interview, then use this information to upgrade your clinical history template. (Include appropriate screening given increased risk of side effects of pharmaceutical use in older adults.)
- Within the ICF model, formulate plans of care that demonstrate a biopsychosocial-spiritual treatment approach to addressing chronic pain and include available community resources to support stated goals.
- Explain the evidence-based relationship of the physiological effects of chronic inflammation, generated by chronic stress, on etiology of NCDs and the phenomenon of MUS (multiple unexplained symptoms) commonly present in patients with chronic pain.
- Select and commit to implementing a self-care practice to enhance your therapeutic presence.