Course Objectives
Wrist Instability Part III: Assessment and Special Tests
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Course Description:
The growing need for a more efficient health delivery model is driving a greater number of direct referrals from primary care physicians to certified hand therapists. For that reason, hand therapists must be prepared to perform in-depth evaluations of the wrist and determine if conservative management is warranted prior to seeking surgical consult.

Part III of the course will present wrist assessments including instability special tests based on current evidence to assist with differential diagnosis and to determine the most efficient plan of care.

Course objectives:
1. Participants will identify the key elements of wrist instability assessment including special test groups.
2. Participant will select appropriate special tests in accordance with the clinical presentation.
3. Participants will perform and interpret tests to assist in the differential diagnosis and utilize this information to justify recommendation of conservative versus surgical management.