Course Objectives

Wrist Instability Part II: Analysis of Movement and Features of Instability

Mirka Normand, MA, OTR/L, CHT, COMT

Course Description:
The growing need for a more efficient health delivery model is driving a greater number of direct referrals from primary care physicians to certified hand therapists. For that reason, hand therapists must be prepared to perform in-depth evaluations of the wrist and determine if conservative management is warranted prior to seeking surgical consultation.

Course objectives:

Part II of the course will introduce an in-depth analysis of wrist instability based on 6 main features gathered from different classification systems.

1. Participants will understand the intricacy of wrist stability and its different components.
2. Participants will recognize and describe the 6 key features characterizing carpal instability.
3. Participants will explain how the carpal instability features relate to each other to create a clearest picture of the pathology.