

# Welcome to MedBridge!

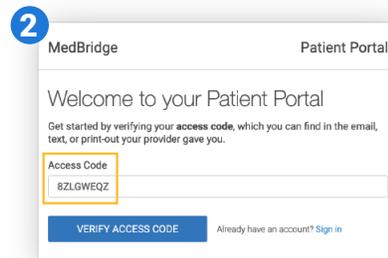
By accessing your program via MedBridgeGo.com and logging your activity, your progress is shared with your care team so they can adapt your plan of care and help you achieve your goals.



- 1 Navigate to [www.medbridgego.com](http://www.medbridgego.com). Scan the code on the right with your smartphone or tablet's camera to be taken there instantly.



- 2 Enter the access code provided by your care team.



MedBridge Patient Portal

Welcome to your Patient Portal

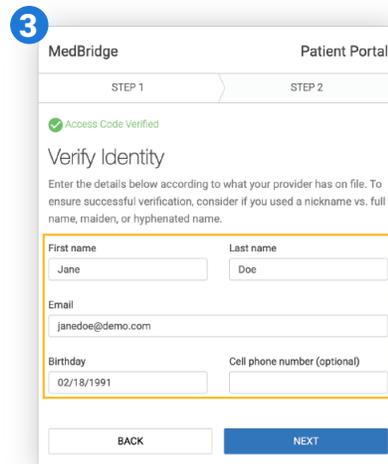
Get started by verifying your access code, which you can find in the email, text, or print-out your provider gave you.

Access Code  
8ZLGWEQZ

VERIFY ACCESS CODE [Already have an account? Sign in](#)

- 3 Follow the prompts to verify your identity.

- a. Enter your first and last name as your care team has it in their system. For example, you may need to enter "Matthew" instead of "Matt" depending on how your care team has captured your information.
- b. Enter your email address.
- c. Enter your date of birth.
- d. You can optionally enter your cell phone number if you would like to receive updates about your program via text message.



MedBridge Patient Portal

STEP 1 STEP 2

✓ Access Code Verified

Verify Identity

Enter the details below according to what your provider has on file. To ensure successful verification, consider if you used a nickname vs. full name, maiden, or hyphenated name.

First name Last name  
Jane Doe

Email  
janedoe@demo.com

Birthdate Cell phone number (optional)  
02/18/1991

BACK NEXT

#### 4 Create your account.

- a. Enter a username. This can be anything, but we recommend using your email address so it's easy to remember.
- b. Create a password and confirm it. Your password must be at least 8 characters and contain at least one uppercase letter, lowercase letter, number, and special character.

MedBridge Patient Portal

STEP 1 STEP 2

Set up your account

Choose a username  
janedoe

Create a password  
\*\*\*\*\*

Must include:

- 8 characters
- 1 uppercase letter
- 1 lowercase letter
- 1 number
- 1 special character (excluding %)

Must exclude:

- Commonly used passwords (e.g., password)
- Previously used passwords

BACK SUBMIT

#### 5 Review the Terms of Use. When you're finished, tap "I agree."

Important

I have read and agree to the MedBridge terms of use

1. The Terms

1.1 Acceptance of Terms

MedBridge Inc. ("MedBridge") is the owner and operator of the MedBridge Website located at the URL [www.medbridgeeducation.com](http://www.medbridgeeducation.com), the MedBridge mobile application, and other websites owned by MedBridge, including personalized white label websites (collectively, the "MedBridge Website", as defined below). These Terms of Use (the "Agreement") govern access to and use of the MedBridge Website. Access to and use of the MedBridge website is subject to Your acceptance of this Agreement. You agree to abide by all terms and conditions of this Agreement by Your accessing the MedBridge Website and/or by Your continued use of the MedBridge Website. Please read the following, carefully bearing in mind that this Agreement must be read in conjunction with MedBridge's Privacy Policy.

CANCEL I AGREE

#### 6 You're ready to use MedBridge!

- Press play on any exercise to start following along with the exercise video.
- Select Education to view any assigned patient education
- Select log activity to share any recent activity with your provider.
- Select messages to reach out to your care team.