Learning Objectives

MedBridge

Theoretical Frameworks to Guide the Therapist in Group Interventions
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Course Description:
• Learn various theoretical frameworks guiding group intervention
• Understand the factors impacting group development
• Describe the role of the group leader
• Learn group activities and techniques to assess group dynamics and adaptive behavior, facilitate empathy development, and to provide opportunities for supportive peer interaction

Chapter 1: Psychodrama and Sociometry
• Defining and analyzing the five instruments of Psychodrama and its place in group intervention
• Analyze ‘Hollander’s Psychodrama Curve’ and its frameworks
• Patient demonstration showcasing psychodramatic techniques and how they’re effective

Chapter 2: Models of Group Development
• Define Tuckman’s Stages of Group Development

Chapter 3: Functional Group Model
• Understanding Functional Group Model and its core concepts
• Learn group activities and techniques to assess group dynamics and adaptive behavior, facilitate empathy development, and to provide opportunities for supportive peer interaction