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# Objectives and Program Schedule

MedBridge

*An Introduction to Modified Constraint-Induced Therapy:*

*Effective, Reimbursed, and In Your Clinic*

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## **Chapter 1: Constraint-Induced Movement Therapy Rationale and Evidence**

- Briefly describe the rationale and evidence for constraint-induced therapy.
- Define learned nonuse
- Describe neuroplasticity
- Describe the evidence supporting constraint induced therapy and modified constraint induced therapy (mCIT)

## **Chapter 2: Constraint-Induced Therapy in Your Clinic: Getting Started** Briefly describe the rationale for the use of mCIT in a clinical environment.

- Identify the inclusion criteria necessary for mCIT to be maximally effective
- Identify the outcome measures that might be used with mCIT
- Describe the behavior contract and its importance.

## **Chapter 3: Constraint Induced Therapy: Clinical Application:**

- Identify and describe the components that comprise mCIT.
- Identify and describe behavioral techniques to increase adherence and compliance with a variety of therapies, including mCIT
- Identify adjunctive techniques that might be used with mCIT
- Review considerations in preparing your clinic to administer mCIT

Lecture and Demonstration: 60 minutes, Learning Assessment: 30 minutes

**Total Time: 2 hours**