Learning Objectives

MedBridge

Fall Prevention: The Role of Home Assessments and Modifications
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Course Objectives:
Upon completion of this course, learners will be able to:

- Relate and analyze the latest statistics on falls and fall prevention
- Understand how the home for older adults can impose increased risk for falling
- Identify common hazards in the home that can lead to a fall
- Enhance current fall prevention programming with OT best practices in home modifications

Chapter 1: Falls Overview and the Role of Occupational Therapy
- Understand how falls impact community health with 3 important statistics
- Discuss current fall prevention programming strategies and the 4 components of an evidence-based approach to fall prevention
- Learn the role of occupational therapy assessment process as it relates to home safety

Chapter 2: The Person and the Home
- Learn the aging process, 4 common ailments and how they can increase the risk of falling
- Become familiar with 5 current housing features that can lead to falls

Chapter 3: Addressing the Home for Safety
- Discuss the role of occupational therapy and environmental assessments
- Learn the 3 effective steps to assessing the environment: person interview, scanning environmental space, activity analysis
- Understand the outcomes anticipated during the assessment process based on the owner’s occupational needs

Chapter 4: Designing a Safe Home for Life
- Learn about the 3 professionals in your community that can help implement safety design features: contractor, architect, interior designer
- Discuss 2 ways to market occupational therapy for fall prevention community-based programming