
Learning Objectives

MedBridge

Bladder Control Evaluation and Treatment: Urinary Urgency and Incontinence

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Chapter 1: What is Overactive Bladder?

- Describe the etiology of bladder control problems of urgency incontinence

Chapter 2: Bladder Diaries

- Describe how to describe, review and analyze bladder diaries

Chapter 3: Fluid Management

- Recommend fluid management strategies for improving bladder control

Chapter 4: Relationship Between the Bladder and the Pelvic Floor

- Explain the neuromotor relationship between the bladder and the pelvic floor muscles

Chapter 5: Bladder Training

- Prescribe behavioral interventions for and teach strategies to inhibit urinary urgency

Chapter 6: Neuromuscular Electrical Stimulation

- Discuss parameters and protocols and perform electrical stimulation to improve bladder control