
Learning Objectives

MedBridge

Management of Post-Stroke Dysphagia

Stephanie Daniels, PhD, CCC-SLP, F-ASHA

Course Objectives:

Upon completion of this course, learners will be able to:

- Identify the goal of the compensatory strategies and identify the goal of rehabilitative treatments
- Address principles of neural plasticity and recovery
- Discuss the importance of testing in the instrumental examination, and review compensatory strategies and the specific swallowing sign each addresses
- Identify why addressing rehabilitation is critical, and review rehabilitative treatment strategies and the underlying impairment each addresses

Chapter 1: Overview of Compensation and Rehabilitation Treatments

In the first chapter of this course, Dr. Stephanie Daniels will review background information on management of post-stroke dysphagia, including the distinction between compensation and rehabilitation techniques, and the rationale for each approach.

Chapter 2: Compensatory Strategies

In the second chapter of this course, Dr. Daniels will take a deeper dive into compensatory strategies shown to be effective for persons experiencing stroke-related dysphagia within the context of the specific signs of dysphagia shown in instrumental assessment.

Chapter 3: Rehabilitation Strategies

In this chapter, Dr. Daniels takes an in-depth look at rehabilitation strategies that have been shown to be useful for persons experiencing dysphagia after stroke. Specific impairments will be described that target the underlying impairments suggested by instrumental assessment.

Chapter 4: Patient Case Example: Management

In this chapter, Dr. Daniels puts together concepts from the course, and demonstrates key compensatory and management strategies with a post-stroke patient.