Learning Objectives

MedBridge Education

Current Concepts in Knee Rehabilitation
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Upon completion of this course, learners will understand:

- The issue of biomarkers and osteoarthritis
- The proper use of Evidence Based Medicine in rehabilitation
- The emerging requirement for ACL Reconstruction
- The newest data related to allografts and young patients.
- The newest data related to Anatomic reconstructions – double bundle versus single bundle.
- The emerging data related to ACL return to play and timing of such
- The increasing acknowledged role of the meniscus