Learning Objectives

MedBridge Inc.

*Common Injuries and Pathologies of the Elbow, Wrist, and Hand in Sport*

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**Chapter One**

- Understand common sports pathologies of the elbow
- Review incidence rates of the pathologies in sporting activities

**Chapter Two**

- Identify common sports pathologies in overhead throwing motion
- Identify common sports pathologies in tennis and golf strokes

**Chapter Three**

- Identify common sports pathologies in the swimming strokes
- Understand common overused sports pathologies of the wrist and hand complex

**Chapter Four**

- Review common traumatic sports pathologies of the wrist and hand complex