
Learning Objectives

MedBridge

Hospice and Palliative Care: Transitions from Rehab to End of Life

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Chapter 1: Paradigm Shift

- Recognize the need to change the approach to care from a restorative focus
- Identify heuristic errors in physical therapy practice
- Define palliative care
- Apply physical therapy as a palliative intervention

Chapter 2: Clinical Indicators

- Select diagnoses that have a terminal trajectory
- Utilize clinical findings to identify palliative care needs
- Identify words and expressions indicating end of life awareness

Chapter 3: Palliative Therapy Practice Patterns

- Identify Rehab Light therapy practice characteristics
- Define Rehabilitation in Reverse for the declining patient
- Recognize Case Management as an ongoing care tool

Chapter 4: Skilled Maintenance

- Justify Skilled vs. Unskilled Maintenance care situations
- Describe both physical and psychosocial Supportive Care practices

Chapter 5: Clinical Pearls

- Utilize optimal equipment height for function
- Recognize significance of pulse monitoring and predicted maximal heart rate
- Apply appropriate edema mobilization and management strategies
- Identify use of visualization with passive ROM

Chapter 6: Conclusion and Conversation

- Recognize signs and symptoms of clinician stress
- Identify therapist self care activities
- Describe the use of presence with non-attachment
- Explain practice of Living Our Dying