
Objectives and Program Schedule

MedBridge

Pre-Participation Evaluation: Medical and Musculoskeletal

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Chapter 1: The Medical Evaluation

- Understand the goals of the PPE
- Apply the appropriate timing to the PPE
- Understand the validity of the PPE process and utilize the process of the physical exam itself

Chapter 2: Pre-Participation Legal Considerations

- Comprehend the legal ramifications of the PPE and the legal issues surrounding the PPE
- Be able to name appropriate paperwork for the PPE process

Chapter 3: Musculoskeletal Screening

- Assemble a battery of historical questions and screens that accomplishes an efficient and effective musculoskeletal screen

Chapter 4: Motor Control Screening

- Determine the athlete's readiness for sport and identify risk factors that place the athlete at greater risk of injury
- Implement the goals of the pre-participation physical using evidence-based practices

Chapter 5: Case Studies

- Identify the principles and practice of the PPE and apply them to cases

Chapter 6: Q&A Session