
Learning Objectives

MedBridge
Breast Cancer Survivorship
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Chapter 1: Treatment Options

- Explore the range of medical and surgical treatment options available to breast cancer patients
- Understand the rehab implications of these choices

Chapter 2: Rehabilitation Implications

- Explore the overall effects on the musculo-skeletal system of breast cancer treatments
- Identify the specific risks to shoulder dysfunction following breast cancer surgery

Chapter 3: Effects of Breast Cancer

- Gain insight into Cancer Related Fatigue (CRF) and develop a management plan
- Gain basic knowledge about the effects of breast cancer on the lymphatic system
- Identify the early warning signs of a lymphedema flare

Chapter 4: Lab Section

- Demonstrate a range of options for improving/implementing shoulder ROM exercises, deep breathing exercise, spinal extension exercise, and self-massage for lymphedema