
Learning Objectives

MedBridge
Prostate Cancer Survivorship
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Chapter 1: Introduction to Prostate Cancer Survivorship

- Gain an insight into the implications of prostate cancer treatment
- Increase awareness of the role of pelvic physiotherapy

Chapter 2: Treatment Options

- Explore the range of medical and surgical treatment options available to breast cancer patients
- Understand the rehab implications of these choices

Chapter 3: Pelvic Rehabilitation

- Understand the pelvic health implications of prostate cancer treatments on erectile dysfunction, urinary incontinence and pain
- Overview of the evidence around best practice for pre and post prostatectomy patients

Chapter 4: Lab Session – Exercises for Prostate Cancer Survivorship

- Explore how to functionally integrate home exercise programs to enhance pelvic and global health