Learning Objectives

MedBridge
*Tongue Pressure Strength Training Part 1: Clinical Relevance and Measuring Tongue Strength*
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Course Objectives:
Upon completion of this course, learners will be able to:

- Explain the rationale for measuring tongue strength in populations at risk for dysphagia
- Describe the literature regarding the prevalence of dysphagia in individuals with reduced tongue strength
- Describe and compare instruments that can be used to measure tongue strength

Chapter 1: Why Tongue Strength is Important
The first chapter of this course explains the importance of tongue strength for swallowing function and for treating swallowing dysfunction.

Chapter 2: The Role of the Tongue in Swallowing Function
This chapter will provide an in-depth examination of the anatomy of the tongue and the tongue’s important role in the swallowing physiological process.

Chapter 3: How to Measure Tongue Strength
During the final chapter of this course, the participant will have the opportunity to review methods and equipment for measuring tongue strength, and view a demonstration of tongue strength measurement with a patient.