Learning Objectives

Upon completion of this course, participants will be able to:

Chapter 1: Introduction & Background
• Describe the history, associated terms, definitions, and components of self-awareness.
• Review a case excerpt demonstrating changes that may take place after brain injury.

Chapter 2: Theoretical Base
• Define the neurological correlates, pre-injury factors and theories of change in self-awareness.

Chapter 3: Evaluation
• Describe the evaluation of levels of self-awareness and belief perspectives using the SELF evaluation approach.
• Review case examples of the SELF Form being administered to a patient recovering from brain injury, and a family member.

Chapter 4: Intervention
• Define strategies to effective enhance self-awareness using the ABC’s of treatment including alliance building, brain education, and compensatory strategies.