
Objectives and Program Schedule

MedBridge Education
Top Roadblocks to Natural Development
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Chapter 1: Container Syndrome and Lack of Tummy Time

The online learners will

- Identify the benefits of prone positioning on early development of multiple systems
- Recognize what current research identifies as benefits of tummy time and translate into practical recommendations
- List benefits of free play in multiple positions (prone, side-lying, kneeling, cruising etc) and become familiar with ways to adapt play in these positions to progress motor development
- Define Plagiocephaly & Torticollis and potential causes and implications of each
- Be familiar with current research based recommendations on the treatment of Plagiocephaly
- Be familiar with early treatment options/recommendations for Plagiocephaly/Torticollis

Chapter 2: Prolonged Sucking

The online learners will

- Recognize why sucking is important for infants
- Become familiar with the detrimental effects of prolonged sucking
- Be able to list ways to encourage earlier transition from a pacifier/bottle/sippy cup

Chapter 3: Media

The online learners will

- Be familiar with the AAP statement on media viewing by young children
- Understand differences between content and types of media input on the developing brain
- Be aware of the implications of increased media use on multiple systems
- Recognize the link between media viewing and ADHD & language development
- Be able to share recommendations and information with parents regarding safe media viewing

Chapter 4: Undetected Hearing and Vision Loss

The online learners will

- List signs of possible hearing loss in infants and children.
- Understand the different types of hearing loss.
- Become familiar with the effects of hearing loss on development.
- List and explain the 3 main types of vision loss
- Recognize how vision affects development generally and in the 5 developmental domains
- Define CVI and identify common characteristics
- Become familiar with several examples of vision quadrant loss & link to how this type of loss may present

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- Become familiar with creative strategies to adapt toys, environment, and learning materials to meet needs of the visually impaired child
 - Recognize traditional and digital resources that may be helpful in working with a visually impaired child

Chapter 5: Over-parenting, a Faulty Sense of Development and the Perfect Child

The online learners will

- Be able to define over-parenting and its dangers to children.
- List ways to prevent over-parenting.
- Compare IQ vs. EQ as a measure of learning potential
- List common ways that children learn effectively
- Understand the historical progression of child rearing and how that may influence today's families
- Become familiar with research based information on the affects of parental stress on early development
- Identify the largest areas of parental confusion regarding early development

Chapter 6: Nutrition

The online learners will

- Become familiar with studies related to the direct effects children's diets have on their development
- Understand the difference between a food allergy versus a food sensitivity
- Become familiar with symptoms related to an allergic reaction

Chapter 7: Late or Missed Diagnosis

The online learners will

- Understand why early detection of diagnosis is critical in the first 36 months of a child's life
- Be able to list the early signs/indicators of autism
- Know how to follow up with concerns about a child they serve