Learning Objectives

MedBridge Inc.
Clinical Gait Assessment
Jay Dicharry, MPT, SCS

Upon completion of this course, the participant will

Chapter 1: How to look at gait with the Visual Gait Tool

• Understand the need to objectively describe a runner’s gait.
• Learn to use the visual gait tool as a subjective evaluation algorithm.
• Create a framework to integrate clinical information to firmly grasp the link between form following function.

Chapter 2: Gait Cues for Specific Diagnosis

• Discover the gait patterns that influence key diagnoses in running athletes.
• Be able to integrate clinical skills into your patient’s motor patterns to minimize tissue strain, alter kinematics, and kinetics.
• Discuss observed problems in a runner’s gait and/or clinical presentation and systematically dissect ways to address each causative risk factor for a specific diagnosis.

Chapter 3: Clinical Running Analysis

• Apply the concepts in this chapter and the entire running series by conducting a running analysis on the case studies provided.

Chapter 4: Q&A

• Discuss additional topics related to clinical gait assessment.