Learning Objectives

Upon completion of this course, participants will be able to:

**Chapter 1: Introduction – Why Should Therapists Address Sexuality**
- Recognize the important role of addressing sex in clinical physiotherapy settings.

**Chapter 2: Speaking of Sex**
- Describe the challenges and barriers involved in talking about sex and sexuality with clients.

**Chapter 3: Examining Our Own Values, Attitudes, and Knowledge about Sex**
- Articulate their own values, attitudes and feelings about sexuality.
- Acknowledge, respect and affirm the sexual values, attitudes and feelings of others.

**Chapter 4: Basic Sexual Function**
- Describe the basic anatomy and physiology of sexual functioning.
- Discuss the distinct phases of sexual functioning.

**Chapter 5: Sexual Disorders**
- Describe male and female disorders of sexual function.
- Describe how physical, psychological and social factors can affect sexual functioning.