Learning Objectives

MedBridge
Evidence-Based Treatment of the Lumbar Spine
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Course Objectives:
Upon completion of this course, learners will be able to:

- Recognize the proposed benefit to classifying low back conditions by similarity. Understand that classifications do not need to be mutually exclusive. Understand the role that guidelines can play in concert with classification.
- Recognize the more prevalent low back pathologies seen in musculoskeletal practice. Understand the etiology behind each of the pathologies. Evaluate the treatment-oriented evidence behind each of the disease processes.
- Review the concordant techniques used to target the primary impairment. Analyze the effectiveness of each technique for treatment within the classifications.
- Review the adjunctive techniques used to target the primary impairment and secondary contributors. Analyze the effectiveness of each technique for treatment within the classifications.
- Review and apply techniques used to target global conditional issues. Analyze the effectiveness of each technique for treatment within the classifications.