Learning Objectives

MedBridge
Evidence-Based Treatment of the Thoracic Spine
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Course Objectives:
Upon completion of this course, learners will be able to:

• Recognize the more prevalent thoracic-oriented pathologies seen in musculoskeletal practice. Understand the etiology behind each of the pathologies. Evaluate the treatment-oriented evidence behind each of the disease processes
• Recognize the proposed benefit to classifying thoracic disorders and treatments by similarity. Understand that classifications do not need to be mutually exclusive
• Describe the clinical utility of Concordant Based Interventions targeted to the Primary Impairment. Demonstrate Spine and Rib oriented movement based techniques. Demonstrate Spine Specific Stretching and Strengthening Techniques
• Review the adjunctive techniques used to target the primary impairment and secondary contributors. Analyze the effectiveness of each technique for treatment within the classifications
• Review and apply techniques used to target global conditional issues. Analyze the effectiveness of each technique for treatment within the classifications