Learning Objectives

MedBridge

_Aging Adults With Intellectual & Developmental Disabilities: Overview_

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**Course Objectives:**

- Contrast the aging process in individuals with I/DD to typical aging in terms of onset, functional, cognitive, musculoskeletal, and psychosocial changes
- Explain at least three lifestyle-related health issues in the aging population with I/DD
- Describe the incidence and characteristics of falls in individuals with I/DD
- Administer at least three tools that are appropriate to identify fall risk in individuals with varying severity of I/DD
- Implement at least five health promotion strategies that can be used to address the unique challenges in individuals with I/DD