

## Course Objectives

MedBridge

*Continence Care Part 1: Introduction for Practice Improvement*

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### Course Description:

This course provides an overview of the evidence-based approach used to improve bowel and bladder management in rehabilitation settings. This is the first of a five-course series and will identify the fundamental components needed to improve the current practice of rehabilitation nursing care of bowel and bladder dysfunction. These components include a rich understanding of the process of evidence-based practice in the specialty setting of acute rehabilitation using the Competency Model for the Professional Rehabilitation Nurse (Vaughn, et al., 2013). The purpose and use of informal leaders in rehabilitation units and how to promote the role of Continence Champions is addressed. Additional components include policies, procedures, resources, and administrative support needed to establish and sustain a team approach to promoting continence care in rehabilitation settings.

### Course Objectives:

- Discuss the use of evidence-based practice in rehabilitation settings
- Describe how the Professional Competency Model for Rehabilitation Nurses can be used to address the best practices of continence care
- Analyze the leadership skills and role of a Continence Champion
- Identify at least 3 programmatic structures that can improve or support nursing practices for continence management
- Describe the financial burden of unmanaged incontinence
- Recognize the financial benefits to implementing evidence-based continence