Learning Objectives

MedBridge
The Sensory Diet Concept
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Course Objectives:

- Understand the sensory diet as a component of a comprehensive treatment approach including education and awareness, a sensory diet, and other professional treatment techniques
- Differentiate between sensory diet, sensory lifestyle, sensory breaks, sensory accommodations, sensory modifications and sensory-based clinical interventions and understand when each might be indicated as the intervention of choice
- Develop sensory diets for children with maximize power, precision, and timing of sensory-based activities and that address specific sensory modulation needs
- Create customized sensory diets based on an individual's presentation, and problem solve how to target the intervention with the appropriate intensity intervention plan
- Develop evidence-informed sensory diets and accurately monitor the progress made with the home program