Objectives and Program Schedule

Evaluation and Manual Therapy for
Tempromandibular Joint Dysfunction
MedBridge Education
Kirk Iodice, DC, ART

Upon completion of this course, the online learner will be able to:

**Module 1: Anatomy and Physiology**
- Outline the location and function of the muscles of mastication and jaw opening muscles.
- Identify the functional relationship between the jaw and the spine.
- Explain the role intrarticular disc in the TMJ and how it is stabilized
- Discuss the link between TMD and systemic musculoskeletal dysfunction.
- Discuss the global concept of musculoskeletal function/dysfunction.

**Module 2: History and Examination**
- Perform and interpret evaluations for jaw function.
- Identify common associated postural faults.
- Perform pertinent objective muscle length assessments.
- Outline common associated pain referral patterns.

**Module 3: Inhibitory Treatments and Mobilizations**
- Perform Post Isometric Relaxation to selected muscles.
- Practice TMJ distraction mobilization
- Compare and contrast normal and abnormal jaw movement patterns.

**Module 4: Facilitation and Patient Take Home Exercises**
- Instruct patients on self PIR for selected muscles.
- Identify when and how to show pertinent self-facilitation exercises to patients.

**Module 5: Closing**
- Identify when to employ dental co-management
- Outline and implement the general treatment formula of which muscles to inhibit, facilitate, which activities to eliminate, and pertinent ADL modifications.