

Learning Objectives

MedBridge

Elbow Tendonalgia and Graston Technique®

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Course Objectives:

- Discuss current evidence related to the histology of elbow tendonalgia.
- Correlate the anatomy of the elbow to injury pathology.
- Explain consideration in the differential diagnosis and provocative testing of elbow tendonalgia, including GT assessment methods.
- Apply the current evidence for the treatment of elbow tendonalgia, including the current evidence related to the effects of GT in relation to the histopathology of tendonalgia to their clinical decision making process.
- Explain the implementation and treatment progression of Graston Technique® to treat elbow tendonalgia through observation of application in a case study.