Course Objectives

MedBridge
Training Gait in Parkinson’s Disease: Strategies, Devices, and Guidelines
Heather J. Cianci, PT, MS, GCS

Course Objectives:
1. List one key focus point of gait training for the early, middle, and mid-late stages of the disease.
2. Describe 2 ways to challenge someone with YOPD during their gait training.
3. List 1 strategy for managing FOG with walking through doorways.
4. Explain how attention impacts a person with PD’s ability to dual task.
5. Discuss how turns can lead to FOG and/or falls.