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# Learning Objectives

MedBridge

*Theoretical Frameworks Guiding OT Practice in the NICU*

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## Course Objectives:

Upon completion of this course, learners will be able to:

- Define theory as an evidence-based explanation for human behavior
- Discuss the links between human behavior, occupation, individual health, and family health.
- Review classic theories of infant, child, and adult behavior
- Introduce current constructs, concepts and theories informing neonatal practice
- Identify where and how theory “flickers” in daily interaction with infants and families.
- Discuss how conceptual practice models blend theoretical constructs with the paradigm of occupational therapy, offering a framework for occupation-based practice.
- Review/introduce CPMS used by occupational therapists to guide therapeutic intervention with infants and families.
- Discuss how appreciation for theory-guided therapeutic intervention is an integral part of professional identity.
- Review the link between theory and evidence-based and occupation-based practice.
- Using case examples, articulate how occupational therapists utilize theoretical frameworks to guide practice in the NICU.