Learning Objectives

MedBridge
Orthopedic Case Studies of the Shoulder
Eric Robertson, PT, DPT, OCS, FAAOMPT
Jodi Young, PT, DPT, OCS, FAAOMPT

Course Objectives:
Upon completion of this course, learners will be able to:

- Identify key issues related to differential diagnosis of non-specific shoulder pain
- Apply evidence for best management of patients with non-specific shoulder pain of musculoskeletal origin
- Extrapolate findings from a physical examination to select appropriate interventions
- Apply the Neer classification questions and identify the types of impingement
- Collect objective findings to utilize clustering for subacromial impingement versus rotator cuff tears.
- Identify proper rotator cuff tear management based on tear types, sizes and other characteristics.
- Apply proper interventions, such as the Mintken CPR for shoulder pain, and Review applied anatomy as it relates to the patient case with shoulder complaints
- Identify key examination procedures related to shoulder mobility assessment
- Extrapolate findings from a physical examination of the upper quarter and shoulder to select appropriate interventions
- Evaluate several hypotheses for a case problem as part of a differential diagnostic process for patients with shoulder mobility impairments