Objectives and Program Schedule

MedBridge

Utilizing ICF Guidelines and Treatment-Based Classifications for Low Back Pain

Eric Robertson, PT, DPT, OCS, FAAOMPT

Chapter 1: Utilizing ICF Guidelines

- Describe the International Classification of Functioning and Disability (ICF) model and how it relates to physical therapist practice
- Review the topic of clinical practice guidelines from an evidence-based practice lens.
- Explore the Orthopaedic Section’s ICF Guideline project, including history and development, review of topics covered, guideline organization, and impact on orthopaedic specialist practice
- Integrate an example clinical practice guideline via a case example and integrative questions
- Apply this lesson to other clinical practice guidelines

Chapter 2: Treatment-Based Classifications for Low Back Pain

- Review epidemiology of low back pain and its relation to classification systems
- Compare and contrast treatment-based classification with other LBP classifications
- Define the process, benefits, and limitations of TBC system
- Apply the TBC system to a case vignette
- Integrate evidence related to treatment-based classification to broadly published clinical practice guidelines to develop an integrative strategy for managing patients with low back pain