Course Description:
Vocal Function Exercises (VFE) are a series of systematic voice exercises designed to strengthen and balance the laryngeal musculature, increase or improve vocal fold adduction, and coordinate the subsystems of voice production. This course is designed to introduce the rationale behind the use of VFEs including the historical development, supportive evidence, and precision of execution. Course participants will learn to precisely apply the exercise techniques with their population of voice disordered patients.

Course objectives:
Upon completing this course, participants will be able to:
- describe the development of and evidence for Vocal Function Exercise.
- prepare patients to accept VFEs as a therapeutic approach
- perform VFEs proficiently
- teach VFEs to patients
- administer a VFE program