Learning Objectives

Course Objectives:

- Explain and identify key clinical decision making for a patient experiencing symptoms of dysuria, LBP and pelvic pain
- Describe a patient case involving recurrent UTI’s over the past two years, as well as suboptimal bladder habits, and identify key next steps
- Identify key clinical decisions for a patient with pelvic floor symptoms ten months ago, as well a history of kidney infection UTIs and constipation
- Explain a patient case involving recurrent UTIs and urine holding patterns and other poor bladder habits reported by the parents
- Describe the important implications of working with a young adult, in this case a 17-year-old female who has experienced SUI intermittently since childhood when laughing or coughing
- Identify key clinical decisions for a patient with low urge and some trouble emptying, who experienced pelvic floor symptoms
- Describe a case involving a boy who experienced painful urination during activities such as riding a bike or scooter

Chapter 1: Case 1 – Dysuria and LBP

The first chapter of this course follows the case of a six-year-old female patient experiencing symptoms of dysuria, LBP and pelvic pain three years previously, and a history of frequent UTI’s.

Chapter 2: Case 2 – Recurrent UTIs

Case two describes a five-year-old female with recurrent UTI’s over the past two years, as well as suboptimal bladder habits.

Chapter 3: Case 3 – PFM Incoordination and Dysfunctional Voiding

Chapter three describes the case of a three-year-old female with pelvic floor symptoms ten months ago, as well a history of kidney infection UTIs and constipation.

Chapter 4: Case 4 – Recurrent UTI with Poor Bladder Habits

This chapter examines the case of a six-year-old with recurrent UTIs, and urine holding patterns and other poor bladder habits reported by the parents.

Chapter 5: Case 5 – Intermittent SUI

Case five describes the important implications of working with an older child, in this case a 17 year old female who has experienced SUI intermittently since childhood when laughing or coughing.
Chapter 6: PF Symptoms
Chapter six describes a six-year old girl with low urge and some trouble emptying, who experienced pelvic floor symptoms three years ago and is working toward further improvement.

Chapter 7: Painful Urination after Activities
The final case example in this course reviews the rehabilitation of a 10-year-old boy who experienced painful urination during activities such as riding a bike or scooter, as well as constipation.

Chapter 8: Learning Assessment
Test your knowledge with this quiz covering concepts discussed throughout the cases covered in this course.